NANAIMO EBBTIDES 31th ANNUAL MASTERS SWIM MEET
Saturday, December 3, 2011 SANCTION #: SBCM 1202

Warm-up 11:00 Events 12:00 - 4:00 Social to follow in Room B

Nanaimo Aquatic Centre – 741 Third Street, Nanaimo Phone: (250) 756-5200
25 meters/8 lanes Warm up pool: Two 25 meter lanes Electronic timing

Entries must be received on or before Wednesday, November 30, 2011. No deck or phone entries.

⇒ Events will be seeded by **TIME** only with men and women seeded together. **NT's not accepted!**
⇒ Maximum events per swimmer: 4 individual events, plus relays.
⇒ Early bird entry fees $30.00 per person. Until November 18, 2011. Entry fees **after Nov. 18 will be $35.00**
⇒ Please make cheques payable to **"Nanaimo Ebbtides" No refunds once the meet has been seeded.**
⇒ Send copy of entry form and fees to: **Nancy Ryan, 182 Cross Bow Dr Nanaimo, BC, V9T 1L3;**
⇒ **Phone: (250) 756-7853; Email: ryannancy48@gmail.com Web Page: www.ebbtides.ca**

RULES: MSC rules and warm up procedures will apply.
AWARDS: Ribbons for 1st, 2nd, 3rd place finishes in each age group.
ELIGIBILITY: All Masters Swimmers registered with their Provincial, State or National M.S.O.

TRANSPORTATION:
Ebbtide members will provide a ride from the ferry to the pool for participants arriving on the 8:30 am Horseshoe Bay ferry. Please indicate on the entry form below, the number of swimmers requiring a ride.

Women/Men combined	Event	Women/Men combined	Event	Women/Men Combined	Event
1	400 Free/400 IM	9	200 IM	17	100 Fly
2	200 M/W Free Relay	10	200 M/W Medley Relay	18	200 Free
3	50 Back	11	100 Free	19	50 Breast
4	100 Breast	12	25 Back	20	100 Back
5	25 Fly	13	200 Fly	21	25 Free
6	200 Back	14	200 Breast	22	100 IM
7	50 Fly	15	50 Free	23	200 Mixed Free relay
8	25 Breast	16	200 Mixed Medley Relay		

Swimmer's Name: _____ **Phone #:** _____

Email _____

Club Name: _____ **Club Code**: _____

Club Contact: _____ **Phone #:** _____

MSABC#	AGE	M/F	EVENT #	NAME OF EVENT	ENTRY TIME
BIRTHDAY:					

Please circle if you would like to be picked up from the 8:30 ferry leaving from Horseshoe Bay **YES #_____ NO**

Again this year we will be having waterslide time trials during the meet, with prizes being awarded to the fastest male and female sliders. Are you interested in participating in these races? YES NO
Check in at Registration table.