Winskill Otters OtterMania IX
Long Course Swim Meet November 7th, 2026

Sanctioned by Swim BC: #67929

COMPETITION HOSTS: Winskill Otters Masters Swim Club

VENUE: Watermania Aquatic Centre
14300 Entertainment Blvd, Richmond BC V6W 1K3

POOL: 8-lane 50 metre competition pool w/electronic timing and a small (23m) warm down tank

MEET MANAGERS: Nickie Mason (nickiemason@me.com) and Rob Traynor (winskillotters.comm@gmail.com)
MEET REFEREE: Barry Parish (barry_parish@telus.net)
OFFICIALS COORDINATOR: Nickie Mason (nickiemason@me.com)

WARM-UP AND SESSION TIMES:

Session #1	Warm-up	6:45am – 7:20am
	Competition	7:30 am
Session #2 / 3	Warm-up	9:30am-10:15am
	Competition	10:30am - 5:00pm
Note: *Session completion time is approximate*		

SAFESPORT STATEMENT

All interactions between an athlete and an individual who is in a position of trust should be in an environment or space that is both "open" and "observable" to others.

ELIGIBILITY

1. All swimmers must be registered with a Swim BC, SNC, or other World Aquatics recognized club.
2. Proof of registration may be required for International Masters Swimmers.
3. Age groups for individual events will be: 18-24, 25-29, 30- 34, 35-39 etc. (five-year age groups increments)
4. Swimmer age is as of December 31
5. Meet Management reserves the right to limit the meet (e.g. **200 swimmers**.) Entries will be considered a first-come-first served basis.

ENTRIES

1. Swimmers are limited to a max of **(4) individual entries** plus **(2) relay entries**.
2. Swimmers must submit an entry time for each event; entries with NT will not be accepted.
3. **Meet Entry Fee** is $60.00 per swimmer.
4. **Registration** is done through Swimming Canada REMS
   a. Instruction for submitting entries through REMS **– Click Here**
   b. **Meet Entries will open October 11, 2026 at 12:00pm**
   c. **Meet Entries will close November 4, 2026 at 5:00pm**
5. **Payment** must be made by e-transfer to: ottermania2023@gmail.com
6. **International swimmers** will need to email their proof of registration winskillotters.comm@gmail.com
7. All meet fees **MUST** accompany entries (submit entries and e-mail fees at the same time please). **Late and/or deck entries will not be accepted. No refunds after Wednesday, November 4, 2026**.
8. Psych Sheets will be posted at Winskill Otters 2026 Ottermania
9. Heat Sheets will be posted Friday, November 6, 2026, at Winskill Otters 2026 Ottermania. Please print out and bring your own copy.
10. **Official Splits** will be available for **$10 per official split**. Official Split requests must be submitted to the Admin Desk prior to the start of the session (Events 1, 2 and 10), and swimmers must provide 1 timer (to report to the Chief Timer.)

GENERAL MEET RULES

1. This meet will observe the Swimming Canada and World Aquatics Competition Regulations (Masters).
2. All starts will be from the Deep (NE) end of the pool, including 50 m events and relays.
   a. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.15.1.4.
3. Swim BC warm up procedures will be in effect and monitored by Safety Marshals.
4. All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim BC. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.
5. All events will be swum as TIME FINALS.
6. Events will be swum slowest to fastest with all age groups and genders swimming together.
7. Results will be separated by gender and age group.
8. The 400 Free may have a limited number of entries due to time constraints; athletes will be notified and may select an alternate event.
9. Meet management reserves the right to reduce this number of entries for all events if the meet timelines do not fit a reasonable time frame. Clubs/swimmers will be notified in advance and will have 24 hours to re-submit entries if needed. We will do our best to accommodate everyone – we expect over 200 athletes.
10. Coaches are asked to check in with the Meet Manager immediately upon arrival to pay outstanding entry fees, pick up Meet Info packages and receive information regarding any changes.
11. Any act of theft, vandalism or similar action will result in immediate disqualification from the competition.
12. All participants are to respect the facility rules including: no deck changing and no outside shoes on deck.
13. Hearing impaired athletes may start with an assistant,

or inform the Referee who will, in turn, use hand signals at the start of the race.

14. To minimize risk, all photographs and video taken at Swimming Canada/Swim BC sanctioned competitions whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.
15. ***Effective September 1, 2026,*** Rule C2.5.2.1 (was C2.3.2.1 in the previous rulebook) will be enforced. Misconduct may include deliberate or negligent spitting, spouting water or blowing the nose in the pool or on deck immediately before the start; deliberately kicking or striking the starting platform or back plate; and unsafe or uncontrolled entry into the pool. Additional information and guidance are available on the Swimming Canada Rules webpage at Guidance-for-Officials-Management-of-Misconduct-rule-update-C2.5.2.1-08.05.26.pdf
16. **Note: This event may be streamed live and/or recorded and posted at a later date.**

1500 FREESTYLE

1. The 1500 Free will be limited to 2 hours and first come-first served. Athletes outside the 2-hour limit will be notified and have the opportunity to enter another event or be placed on an alternate list.
2. The **Positive Check-in by 7:00am**
3. Swimmers will be required to swim freestyle/front crawl and no other stroke will be allowed.
4. Lap Counters will be available - athletes must provide a lap counter person.
5. Swimmers **MUST** provide 2 timers for this event.
6. **Please be accurate with your entry time as it will impact the number of heats available.**

RELAYS

1. Age groups for relay events will be: 76-99, 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399, 400-419.
2. Relays entries must be designated Women, Men or Mixed
3. Athletes may only swim on one relay per relay event.
4. Relay results will be separated by gender and age group.
5. Mixed relay teams **MUST** have 2 females and 2 males
6. Deadline for relay name/order changes will be at **10:30 am for the Medley Relay,** and **prior to the start of event 10 for the Free Relay**
7. The relay card form is attached to this meet package.
8. Relay forms may be submitted in person at the meet, or to winskillotters.comm@gmail.com prior to the meet.
9. Clubs are responsible for bringing their own copies to the meet and submitting them to the Meet Admin Desk.

SCORING

1. Individual scoring: 20-17-16-15-14-13-12-11
2. Relay scoring: 40-34-32-30-28-26-24-22

RECORD ATTEMPTS

1. Record attempt forms are attached to this meet package. It is the swimmer and/or coach's responsibility to fill out the form and submit to the Meet Admin Desk prior to the start of the session.

Winskill Otters, Delta, wish to acknowledge that the land on which we gather is the traditional and unceded territory of the Coast Salish Peoples, including the Musqueam, Squamish, and Tsleil-Waututh Nations

Schedule of Events

Event Number		Event Name	Event Number		Event Name
1	Mixed	1500 free	**** Possible Break ****		
Second warm up 09:30 - 10:15			10	Mixed	200 Butterfly
2	Mixed	200 Breaststroke	11	Mixed	400 IM
3	Mixed	100 Backstroke	12	Mixed	100 Breaststroke
4	Mixed	50 Butterfly	13	Mixed	50 Backstroke
5	Mixed	100 Freestyle	14	Mixed	200 Freestyle
6	Mixed	50 Breaststroke	15	Mixed	100 Butterfly
7	Mixed	200 Backstroke	16	Mixed	200 IM
8	Mixed	400 Free	17	Mixed	50 Freestyle
9	W/M/X	4 X 100 Medley Relay	18	W/M/X	4 X 100 Free Relay

****MID MEET BREAK WILL BE AT THE DISCRETION OF THE MEET MANAGER**.

Masters Relay Entry Forms

Event #:	400	Free / Medley	Men Women Mixed	Age Group:	Entry Time:
Club:			Club Code:		

Swimmer		Age			Swimmer	Age
1.				3.		
2.				4.		
Total Age:						

Event #:	400	Free / Medley	Men Women Mixed	Age Group:	Entry Time:
Club:			Club Code:		

Swimmer		Age			Swimmer	Age
1.				3.		
2.				4.		
Total Age:						

Event #:	400	Free / Medley	Men Women Mixed	Age Group:	Entry Time:
Club:			Club Code:		

Swimmer		Age			Swimmer	Age
1.				3.		
2.				4.		
Total Age:						

Masters Record Attempt Form

Submit to Meet Admin Desk as per Meet Information Package

Record Type: Canadian World

Individual Event

Name: _____ Male: Female:

Swimmer ID #: _____

Date of Birth: _____

Name of Club _____ Club Code:

Event
(Distance and Stroke) _____

Relay Event

Name of Club: _____ Club Code:

Event
(Distance and Stroke) _____

Age Group: _____ Male: Female: Mixed:

#1 Name: DOB: Swimming Canada ID #:

#2 Name: DOB: Swimming Canada ID #:

#3 Name: DOB: Swimming Canada ID #:

#4 Name: DOB: Swimming Canada ID #:

*** For a World Record Attempt Request, a copy of swimmer's Birth Certificate or Passport must be submitted with this completed form ***

COMPETITION WARM-UP SAFETY PROCEDURES

For all Swim BC sanctioned competitions, Meet Management must ensure the following warm-up safety procedures are implemented. Coaches, swimmers, and officials share responsibility for adhering to these guidelines during all scheduled warm-up periods. Coaches are encouraged to support Safety Marshals in promoting a safe environment.

GENERAL WARM-UP

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Swimmers shall always be aware of their surroundings and keep the end walls clear.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout or announcement and visible through on deck signage.
- **Swim BC recommends that**, where lane density exceeds 20 swimmers per lane SC or 40 swimmers per lane LC, Meet Management split warm-up to ensure a safe environment (swimmers per lane) exists (i.e. by club, gender or age). A split warm up must be communicated in some fashion prior to the start of warm-up. This can be through a pre-competition handout or email, a technical meeting, or a general announcement.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Swimmers exiting sprint lanes must exercise caution and remain aware of their surroundings. When crossing into other lanes, they shall ensure they do not interfere with ongoing sprint activities, pace work, or lanes designated for Para swimmers.
- Coaches shall decide if their swimmer is ready to safely participate in pace work in designated pace lanes and must be directly supervised by their coaches.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.
- Pre-event training shall be managed by the coaches and will have sufficient lifeguards on deck. There will be no Safety Marshals in place during pre-event training.
- Safety marshals will only be placed in the competition pool when warm-ups take place.

EQUIPMENT

- Only Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at Meet Management's discretion and recommended only for national events or senior competitions.
- At Meet Management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for national events or senior competitions.

VIOLATIONS

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context are required. This section is specific to diving violations and not equipment.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The swimmer's name and club shall be registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer shall be removed from the remainder of the competition by the Competition Coordinator/Meet Referee.

SAFETY MARSHALS

The Safety Marshal is a trained position designated by Meet Management. Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official, whenever possible.

Safety Marshals shall:

- Be visible by safety vest.
- Be briefed thoroughly on the warm-up procedures
- Be situated at each end of the competition pool. Actively monitor all scheduled warm-up periods during competition days;
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

A minimum of 2 safety marshals are recommended for each of the 25m warm-up pools in use during short course competitions, and a minimum of 4 safety marshals are recommended for 50m warm-up pools in use during long course competitions.

Depending on the level of competition, Safety Marshals have a role in helping work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the procedures or communicating a concern to a coach.

PARA-SWIMMER NOTIFICATION

- Coaches are requested to notify Meet Management of any Para swimmers participating in warm-ups. Meet Management may designate a Para swimmer lane for warm-up when necessary.
- Where a para lane is designated, only classified swimmers may use it. Violations may lead to disciplinary action.

The following statement must appear in all Swim BC sanctioned meet information and posted notices:
"SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."